

**Virginia Department of Behavioral Health and Developmental Services
(DBHDS)
The Individual and Family Developmental Disabilities
Support (IFDDS) Waiver
Fact Sheet 2014**

Initiative	Home and community-based (1915(c)) waiver whose purpose is to provide supports in the community rather than in an Intermediate Care Facility for Individuals with Intellectual Disability (ICF/IID).
Targeted Population	Individuals who are 6 years of age and older who have a related condition and do not have a diagnosis of Intellectual Disability (ID) who: (1) meet the ICF/IID level of care criteria (i.e., they meet two out of seven levels of functioning in order to qualify); (2) are determined to be at imminent risk of ICF/IID placement, and (3) are determined that community-based care services under the waiver are the critical services that enable the individual to remain at home rather than being placed in an ICF/IID.
Program Administration	The program is administered by DBHDS.
Eligibility	The IFDDS Waiver provides services to participants 6 years of age and older who have a diagnosis of a related condition and do not have a diagnosis of ID. Individuals also must require the level of care provided in an Intermediate Care Facility for Individuals with Intellectual Disability (ICF/IID). Children who do not have a diagnosis of ID, and have received services through the ID Waiver, become ineligible for the ID Waiver when they reach the age of 6. At that time, they can be screened for eligibility for the IFDDS Waiver; if found eligible, they may transfer to the waiver before the age of 7 and receive an IFDDS waiver slot subject to Centers for Medicare and Medicaid Services (CMS) approval. Individuals remain on the ID waiver until a smooth transition can take place.
Services Available	<ul style="list-style-type: none"> • Adult Companion Services – Agency-Directed • Assistive Technology • Crisis Stabilization • Crisis Supervision • Day Support - High Intensity and Regular Intensity • Environmental Modifications • Family/Caregiver Training • In-home Residential Support (not group homes) • Personal Care – Agency-Directed and Consumer-Directed • Personal Emergency Response System (PERS) • Prevocational Training • Respite Care – Agency-Directed and Consumer-Directed • Skilled Nursing – RN and LPN • Supported Employment –Group and Individual • Therapeutic Consultation • Transition Services <p>State Plan Option Case Management</p>
Service	An individual or family/caregiver must submit a “Request for Screening” form to the local

Authorization Virginia Department of Health Child Development Clinic geographically designated to serve as the screening team for this waiver. If the screening team determines that the individual meets criteria, the individual is offered the choice of IFDDS Waiver case managers who will assist with service plan development and oversight. DBHDS makes the final determination for waiver criteria and assigns the individual to the waitlist until a slot becomes available. Slot allocation is on a first come, first served basis.

Geographic Screening Locations are listed at the end of this document.

Waiting List A waiting list exists for the IFDDS Waiver. The waiting list is maintained on a first-come, first served basis. Individuals are assigned waiting list numbers based on the date DBHDS receives all required documentation - the Screening Packet from the screening team and the plan of care from the case manager. Once the screening team determines the individual is eligible, a case manager works with the individual to develop a Plan of Care (POC).

**Services
Definitions**
(12VAC30-120-700
et seq.)

"Assistive technology" means specialized medical equipment and supplies including those devices, controls, or appliances specified in the plan of care but not available under the State Plan for Medical Assistance that enable individuals to increase their abilities to perform activities of daily living, or to perceive, control, or communicate with the environment in which they live, or that are necessary to the proper functioning of the specialized equipment.

"Case management" means services as defined in [12VAC30-50-490](#).

"Companion services" means nonmedical care, supervision and socialization provided to an adult (age 18 and older). The provision of companion services does not entail hands-on care. It is provided in accordance with a therapeutic goal in the plan of care and is not purely diversional in nature.

"Consumer-directed services" means personal care, companion services, and/or respite care services where the individual or his family/caregiver, as appropriate, is responsible for hiring, training, supervising, and firing of the employee or employees.

"Crisis stabilization" means direct intervention for persons with related conditions who are experiencing serious psychiatric or behavioral challenges, or both, that jeopardize their current community living situation. This service must provide temporary intensive services and supports that avert emergency psychiatric hospitalization or institutional placement or prevent other out-of-home placement. This service shall be designed to stabilize individuals and strengthen the current living situations so that individuals may be maintained in the community during and beyond the crisis period.

"Day support" means training in intellectual, sensory, motor, and affective social development including awareness skills, sensory stimulation, use of appropriate behaviors and social skills, learning and problem solving, communication and self care, physical development, services and support activities. These services take place outside of the individual's home/residence.

"Environmental modifications" means physical adaptations to a house, place of residence, primary vehicle or work site, when the work site modification exceeds reasonable accommodation requirements of the Americans with Disabilities Act, necessary to ensure individuals' health and safety or enable functioning with greater independence when the adaptation is not being used to bring a substandard dwelling up to minimum habitation

standards and is of direct medical or remedial benefit to individuals.

"Family/caregiver training" means training and counseling services provided to families or caregivers of individuals receiving services in the IFDDS Waiver.

"In-home residential support services" means support provided primarily in the individual's home, which includes training, assistance, and specialized supervision to enable the individual to maintain or improve his health; assisting in performing individual care tasks; training in activities of daily living; training and use of community resources; providing life skills training; and adapting behavior to community and home-like environments.

"Personal care services" means long-term maintenance or support services necessary to enable individuals to remain in or return to the community rather than enter an Intermediate Care Facility for the Mentally Retarded. Personal care services include assistance with activities of daily living, instrumental activities of daily living, access to the community, medication or other medical needs, and monitoring health status and physical condition. This does not include skilled nursing services with the exception of skilled nursing tasks that may be delegated in accordance with [18VAC90-20-420](#) through [18VAC90-20-460](#).

"Personal emergency response system (PERS)" is an electronic device that enables certain individuals to secure help in an emergency. PERS services are limited to those individuals who live alone or are alone for significant parts of the day and who have no regular caregiver for extended periods of time, and who would otherwise require extensive routine supervision.

"Prevocational services" are services aimed at preparing an individual for paid or unpaid employment, but are not job-task oriented. Prevocational services are provided for individuals who are not expected to be able to join the general work force without supports or to participate in a transitional, sheltered workshop within one year of beginning waiver services (excluding supported employment services or programs). Activities included in this service are not primarily directed at teaching specific job skills but at underlying rehabilitative goals such as accepting supervision, attendance, task completion, problem solving, and safety.

"Respite care" means services provided for unpaid caregivers of eligible individuals who are unable to care for themselves and are provided on an episodic or routine basis because of the absence of or need for relief of those unpaid persons who routinely provide the care.

"Skilled nursing services" means nursing services (i) listed in the plan of care that do not meet home health criteria, (ii) required to prevent institutionalization, (iii) not otherwise available under the State Plan for Medical Assistance, (iv) provided within the scope of the state's Nursing Act (§ [54.1-3000](#) et seq. of the Code of Virginia) and Drug Control Act (§ [54.1-3400](#) et seq. of the Code of Virginia), and (v) provided by a registered professional nurse or by a licensed practical nurse under the supervision of a registered nurse who is licensed to practice in the state. Skilled nursing services are to be used to provide training, consultation, nurse delegation as appropriate and oversight of direct care staff as appropriate.

"Supported employment" means work in settings in which persons without disabilities are typically employed. It includes training in specific skills related to paid employment and

provision of ongoing or intermittent assistance and specialized supervision to enable an individual to maintain paid employment.

"Therapeutic consultation" means consultation provided by members of psychology, social work, rehabilitation engineering, behavioral analysis, speech therapy, occupational therapy, psychiatry, psychiatric clinical nursing, therapeutic recreation, or physical therapy or behavior consultation to assist individuals, parents, family members, in-home residential support, day support and any other providers of support services in implementing a plan of care.

"Transition services" means set-up expenses for individuals who are transitioning from an institution or licensed or certified provider-operated living arrangement to a living arrangement in a private residence where the person is directly responsible for his or her own living expenses.

**Regulatory
Basis** 12VAC30-120-700 et seq.

**Program
Contact** Samuel Piñero, Program Manager, DBHDS DD Waiver Unit, (804) 663-7290 or sam.pinero@dbhds.virginia.gov. Information can also be found on the DMAS website at www.dmas.virginia.gov and DBHDS website at www.dbhds.virginia.gov.

CDC Locations & Geographic Region Each Serves

Region	Region and Contact Information	Localities Served
Northern	Alexandria Health District 4480 King Street Alexandria, VA 22302 Phone: (703) 746-4921	Serving the City of Alexandria
	Arlington Infant and Toddler Connection of Arlington 2100 Washington Blvd., 2 nd Floor Arlington, VA 22204 Phone: (703) 228-1640 Fax: (703) 228-1126	Serving the County of Arlington
	Fairfax Fairfax County Health Department 10777 Main Street Fairfax, VA 22030 Phone: (703) 246-8631 FAX: (703) 385-3681	Serving the County of Fairfax and; Cities of Fairfax and Falls Church
Northwest	James Madison University Shenandoah Valley CDC Institute for Innovation in Health and Human Services James Madison University MSC 9011 Harrisonburg, VA 22807 Office: (540) 568-6687 Office: (540) 568-3885	Augusta, Bath, Clarke, Fauquier, Frederick, Greene, Highland, Loudoun, Madison, Page, Rappahannock, Rockbridge, Rockingham, Shenandoah, and Warren, and: Cities of Buena Vista, Charlottesville, Harrisonburg, Lexington, Staunton, Waynesboro, and Winchester.
Central	Virginia Commonwealth University Child Development Clinic 3600 West Broad Street, Suite 115 Richmond, Virginia 23230 Office: (804) 827-2100 .	Counties of Amelia, Brunswick, Caroline, Charles City, Chesterfield, Culpeper, Cumberland, Dinwiddie, Essex, Fluvanna, Gloucester, Goochland, Greensville, Hanover, Henrico, James City, King and Queen, King George, King William, Lancaster, Louisa, Lunenburg, Mathews, Mecklenburg, Middlesex, New Kent, Northumberland, Nottoway, Orange, Powhatan, Prince Edward, Prince George, Prince William, Richmond, Spotsylvania, Stafford, Surry, Sussex, and Westmoreland, and Cities of Colonial Heights, Emporia, Fredericksburg, Hopewell, Manassas, Manassas Park, Petersburg, Richmond and Williamsburg.
Eastern	Children's Hospital of the King's Daughters 400 Gresham Dr. Norfolk, VA 23507 Phone (757) 668-5254 Fax (757) 668-7950	Counties of Accomack, Isle of Wight, Northampton, Southampton and York, and: Cities of Chesapeake, Franklin, Hampton, Newport News, Norfolk, Portsmouth, Poquoson, Suffolk,

		and Virginia Beach
Southwest/ Gate City	Southwest Virginia Child Development Clinic 112 Beach Street, Suite 1 Gate City, VA 24251 Phone: (276) 386-3803	Counties of Bland, Buchanan, Dickenson, Grayson, Lee, Russell, Scott, Smyth, Tazewell, Washington, Wise, and Wythe and; Cities of Bristol and Norton
Southwest/ Roanoke	Carillion Clinic Children's Hospital 1030 S. Jefferson Street, SW Suite 201 Roanoke, VA 24013 Office: (540) 985-9021 Office: (540) 224-4520	Counties of Alleghany, Amherst, Appomattox, Bedford, Botetourt, Buckingham, Campbell, Carroll, Charlotte, Craig, Floyd, Franklin, Giles, Halifax, Henry, Montgomery, Nelson, Patrick, Pittsylvania, Pulaski, Roanoke and Wythe; and; Cities of Bedford, Covington, Danville, Galax, Lynchburg, Martinsville, Radford, Roanoke, Salem and South Boston.